

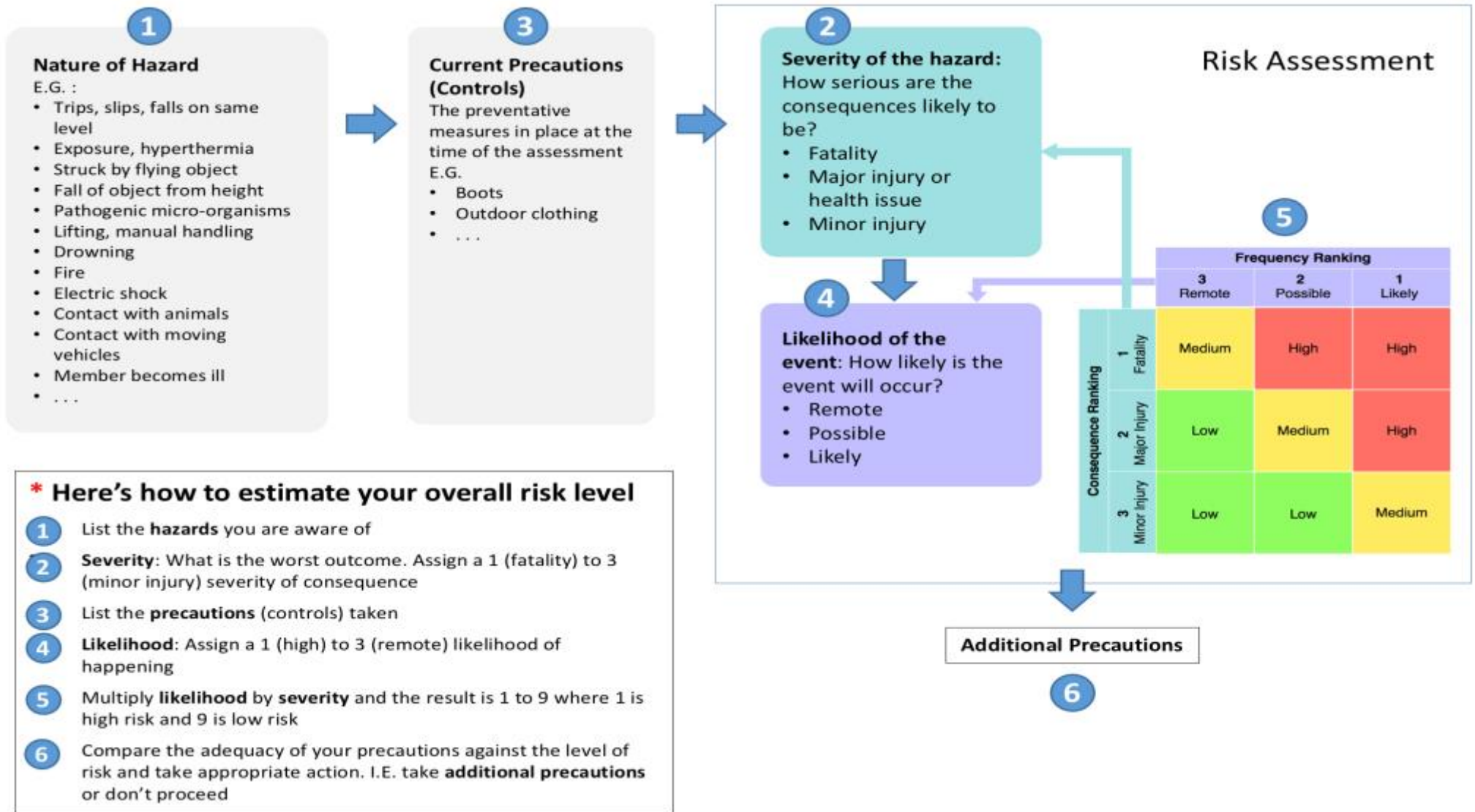
CHILTERN U3A – Risk Assessment Form

Activity Group(s)	Striders / Strollers / Walkers		DATE	June 2016
--------------------------	---------------------------------------	--	-------------	------------------

1. Nature of hazard	2. Severity of hazard	3. Current precautions (Controls)	4. Likelihood of event	5. Risk level *	6. Further precautions
Injury from falling on rough, uneven or slippery surfaces	Major injury	Leader briefs walkers at the start of any known problems and warns them when approaching. Leader and backmarker to look out for further hazards during the walk and warn the others. Be prepared to find an alternative safe route.	Possible	Medium	Include a statement in the quarterly newsletter that members should wear suitable footwear and clothing for the conditions and consider carrying their own water, snacks and simple first aid kit. If the walk leader considers that a member doesn't have suitable footwear or clothing they should discuss with that member whether they should join the walk. The final decision will rest with the member.
Member becomes ill during the walk	Serious health condition	If a walker appears to be ill, discuss their condition with them. Be prepared to call the emergency services if thought necessary and ensure that they are given the closest possible location.	Possible	Medium	If there is no mobile phone available or there isn't a strong enough signal request one of the group to walk to a point where there is a strong signal or to the nearest available landline.

* See end of document for a simple guide on how to calculate the risk level

CHILTERN U3A – Risk Assessment Form



* See end of document for a simple guide on how to calculate the risk level